

ESKIMOS SKI SYSTEM KIDS

We have developed the unique ESKIMOS ski system to simplify the choice of lessons for our guests. It is built like an igloo. The lessons Park, Penguin, Seal and Polar Bear are the igloo's fundament. Beginners can learn how to ski controlled in a quick and safe way and intermediate beginners can optimise their skills. Those who want to fly high can look up to the roof of the igloo, to the four Allround and the Your Choice! lessons. Advanced skiers can bring the specific techniques to perfection in these lessons and reach for the stars.



Park

Walking and moving around on skis
First runs in the kids park
Speed control and stopping
Introduction to turning
Introduction to the magic carpet

Penguin

Snowplough turns
First runs on blue slopes
Using the lift
Crossing the slopes parallel
Behaviour on the slopes (FIS-Code)

Seal

First time change of direction in parallel
Introduction parallel turn on blue slopes
Safe skiing on blue slopes
Introduction carving while crossing the slopes

Polar Bear

Advanced parallel turn on blue slopes
First carved turns
Introduction parallel turn on red slopes
Weight and unweight movement
Parallel stop

Allround 1

Advanced parallel turn on red slopes
Introduction carved turn on blue slopes
Introduction short turn on blue slopes
Introduction fakie skiing on blue slopes

Allround 2

Introduction short turn on red slopes
Advanced carved turn on blue slopes
Introduction parallel turn on black slopes
Advanced fakie skiing
First slided 180°s on the slope

Allround 3

Introduction carved turn on red slopes
Advanced short turn on red slopes
Introduction mogul short turn
Master easy moguls
Advanced parallel turn on black slopes
First jumped 180°s on the slopes

Allround 4

Advanced mogul short turn on red slopes
Advanced carved turn on red slopes
Varying size of carved turns
Safe skiing on varying terrain
Performance in varying terrain

Your Choice!

Your Choice! is the ski lesson for all young skiers up to 18 years who know what they want. In this week it is all about freestyle, freeriding, racing techniques and a lot more fun stuff.

You and your peers decide the content of this ski lesson together with your coach. Enjoy massive riding and cruising with style.

