



ESKIMOS

ski.snowboard.school



SKI GROUP LESSONS CHILDREN

FROM 4 YEARS, 4 - 6 CHILDREN

DISCOVERY LESSON

1 day × 2h
SUN and TUE
2:00pm - 4:00pm
CHF 35.—*
No requirements

Lesson content

Discovery lesson for total beginners
The discovery lesson can be booked in addition to the Park group lesson

PARK - YOUR FIRST TIME ON SKIS

5 days × 2½h
MO - FR
9:30am - 12:00pm
CHF 255.—*
No requirements

Lesson content

Walking and moving around on skis
First runs in the kids park
Speed control and stopping
Introduction to turning
Introduction to the magic carpet

PENGUIN - LET'S HIT THE SLOPES

5 days × 2½h
MO - FR
9:30am - 12:00pm
CHF 255.—*
Requirement: Level Park

Lesson content

Snowplough turns
First runs on blue slopes
Using the lift
Crossing the slopes parallel
Behaviour on the slopes (FIS-Code)

SEAL - ALL ABOUT TURNS

5 days × 2½h
MO - FR
9:30am - 12:00pm
CHF 255.—*
Requirement: Level Penguin

Lesson content

First time change of direction in parallel
Introduction parallel turn on blue slopes
Safe skiing on blue slopes
Introduction carving while crossing the slopes

*Price with SaastalCard. Price without SaastalCard CHF 268.— / 37.—

POLAR BEAR – IT'S TIME FOR TRICKS

5 days × 2½h
MO – FR
9:30am – 12:00pm
CHF 255.—*
Requirement: Level Seal

Lesson content
Advanced parallel turn on blue slopes
First carved turns
Introduction parallel turn on red slopes
Weight and unweight movement
Parallel stop

ALLROUND 1 – MASTERING STEEP SLOPES

5 days × 2½h
MO – FR
9:30am – 12:00pm
CHF 255.—*
Requirement: Level Polar Bear

Lesson content
Advanced parallel turn on red slopes
Introduction carved turn on blue slopes
Introduction short turn on blue slopes
Introduction fakie skiing on blue slopes

ALLROUND 2 – BLUE RED BLACK ADVANCED

5 days × 2½h
MO – FR
9:30am – 12:00pm
CHF 255.—*
Requirement: Level Allround 1

Lesson content
Introduction short turn on red slopes
Advanced carved turn on blue slopes
Introduction parallel turn on black slopes
Advanced fakie skiing
first slided 180°s on the slope

ALLROUND 3 – VARY YOUR SKIING SKILLS

5 days × 2½h
MO – FR
9:30am – 12:00pm
CHF 255.—*
Requirement: Level Allround 2

Lesson content
Introduction carved turn on red slopes
Advanced short turn on red slopes
Introduction mogul short turn
Master easy moguls
Advanced parallel turn on black slopes
First jumped 180°s on the slopes

ALLROUND 4 – SPEED AND CONTROL

5 days × 2½h
MO – FR
9:30am – 12:00pm
CHF 255.—*
Requirement: Level Allround 3

Lesson content
Advanced mogul short turn
Advanced carved turn on red slopes
Varying size of carved turns
Safe skiing on varying terrain
Performance in varying terrain

*Price with SaastalCard. Price without SaastalCard CHF 268.—